



## Brantford Girls Hockey Association Position Descriptions

<b>Position Title:</b>	<b>Trainer</b> (Representative and House League)
<b>Purpose of Position:</b>	To ensure the health and safety of the players, both on and off ice, to supervise the players to create a safe, social and welcoming environment. To follow the BGHA vision of following the Long-Term Athlete Development Program that is athlete centered, coach-led, and association supported. <a href="https://bgha.ca/Public/Documents/Long_Term_Athlete_Development_2.1_compressed.pdf">https://bgha.ca/Public/Documents/Long_Term_Athlete_Development_2.1_compressed.pdf</a>
<b>Risk Level:</b>	High – working in close proximity with children, able to significantly influence the individual.
<b>Skills &amp; Qualifications</b>	<p>Skills</p> <ul style="list-style-type: none"> <li>▪ Ability to communicate in a highly effective manner with players, parents, coaching staff and members of the Executive</li> <li>▪ To remain calm and confident, especially in emergencies</li> <li>▪ Ability to effectively diffuse intense and sometimes hostile situations</li> </ul> <p>Qualifications</p> <ul style="list-style-type: none"> <li>▪ Hockey Trainers Certificate Program (HTCP) – Level 1 or higher</li> <li>OWHA Coaching Requirements: <a href="https://bgha.ca/Public/Documents/OWHA_Coaching_Requirements.pdf">https://bgha.ca/Public/Documents/OWHA_Coaching_Requirements.pdf</a></li> <li>▪ Valid Police Record/Vulnerability Check</li> <li>▪ Respect in Sport/Speak Out Certificate</li> <li>▪ Gender Identity and Expression Certificate</li> </ul>
<b>Boundary &amp; Limitations</b>	<ul style="list-style-type: none"> <li>– The Trainer is bound by the OWHA Code of Conduct and all rules, regulations, by-laws, articles and policies of the OWHA.</li> <li>– The Trainer is bound by the LLFHL and/or GHGHL and all rules, regulations, by-laws, articles and policies.</li> <li>– The Trainer is bound by the BGHA and all rules, regulations, by-laws, and policies.</li> </ul>
<b>Vulnerability of Persons Served:</b>	<ul style="list-style-type: none"> <li>– Work directly with young girls between the ages of four (4) and eighteen (18), potentially those who are injured</li> </ul>
<b>Screening Requirements:</b>	<ul style="list-style-type: none"> <li>– Trainers are chosen by the Team’s Head Coaches</li> <li>– All trainers must complete and submit an information form</li> <li>– If necessary, attend a selection interview conducted by the BGHA executive.</li> </ul>
<b>Supervision and Support:</b>	<ul style="list-style-type: none"> <li>– This position reports directly to the Head Coach</li> <li>– Injuries are reported to the Vice President of BGHA</li> <li>– HDC Mentor Support Program: <a href="https://bgha.ca/Public/Documents/HTCP_Mentorship_Program.pdf">https://bgha.ca/Public/Documents/HTCP_Mentorship_Program.pdf</a></li> </ul>
<b>Position Description</b>	
<b>Duties/Activities/Responsibilities:</b>	
<ul style="list-style-type: none"> <li>• Comply with all the necessary rules, guidelines, regulations, etc. with OWHA, LLFHL, GHGHL and</li> </ul>	



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### BGHA

- Implement an effective Risk Management program with your team that strives to prevent injuries and accidents before they happen.
- Assume a proactive role in identifying and minimizing or eliminating risks during all activities, and if ever in doubt, always err on the side of caution.
- Promote and reflect the values of Fair Play and strive to instill these values in all participants and others involved in amateur hockey.
- Ensure that all players are provided with meaningful opportunities and enjoyable experiences free from physical and/or emotional maltreatment.
- Conduct regular checks of players' equipment to ensure proper fit, protective quality and maintenance, and advise players and parents regarding the selection or replacement of equipment.
- Promote proper conditioning, warm-up, and cool down techniques as effective methods of injury prevention.
- Maintain accurate medical information files on all players and team officials and bring these to all team activities.
- Maintain a Player Injury Log. In the event of an injury, submit a copy to OWHA and Vice-President of the BGHA.
- Maintain a fully stocked First Aid Kit and bring it to all team activities.
- Implement an effective Emergency Action Plan with your team and practice it regularly to ensure all involved understand their roles and are prepared to act promptly when an incident occurs.
- Recognize life-threatening and significant injuries, and be prepared to deal with serious injury.
- Manage minor injuries according to basic injury management principles and refer players to medical professionals when necessary.
- Recognize injuries that require a player to be removed from action. Refer players to medical professionals and coordinate return to play.
- Communicate with parents in situations of the need for medical referral/intervention.
- Promote a healthy lifestyle with all hockey participants by being a good role model and by educating participants regarding hygiene, performance-enhancing substances, drug and alcohol abuse, nutrition and hydration.
- Act as a Hockey Trainer for both your team and your opponents if only one Hockey Trainer is present.

### **Time Commitment:**

- The Team Trainer is expected to attend all team events including practices, games (exhibition, regular season, tournament and playoffs) and team sanctioned events or advise the Head Coach in advance to ensure adequate coverage is present.
- Team Trainers are expected to allocate sufficient time before and after games and practices and allow for adequate supervision
- 1-2 games per week (home and/or away), one practice per week, at least one tournament per season and end of year Banquet.

### **Location:**

- The majority of the coaching responsibilities will occur at the Brantford Girls Hockey Association home ice, which is the Wayne Gretzky Sports Centre. Secondary locations are Lion's Park Arena and the Brant Sports Complex.
- The Team Trainer (or designate) will be required to travel to other centers to participate in all



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games, attend training sessions or information meetings as required by the BGHA Executive.  
NOTE: Some games may involve US travel for League Play.

### **Orientation and Training:**

- Continue professional development with the approval of the Representative Director
- Training resources within the BGHA Website
- Start-up Package provided by the BGHA

Approved By:	BGHA Board	Date:	Dec 2017
Last Updated By:		Date/Time:	